



Patriot Press

HAPPY ★ NEW ★ YEAR

Vol I Issue VII

Apex Friendship High School's Student Newspaper
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January 13, 2017

Looking Back On 2016

By: Jada Enoch



Photo by: Sierra S

2016 has come to a close with plenty of major achievements to reflect on, but after 365 days of drama, it can be difficult to remember what happened last year. January 2016 began the first ever second semester in AFHS history and most of the students had at that point adapted to their new surroundings. The women's choir kicked off one of the first and largest accomplishments of 2016 by performing on the stage at the Durham Performance Arts Center

alongside the Canadian Tenors.

By the end of February, students tried to catch up after the snow days. In total, Wake County had 8 snow days last year and all the make up days ended up eroding student's spring break. Not too long after the snow, Apex Friendship hosted their first Winter Formal, technically that makes two in one year. The atmosphere of this one shined very differently than the most recent dance. Mrs. Freed and the inaugural Student Council organized the first annual Winter Formal, but adding an extra class makes a difference; imagine next year when the seniors arrive.

Through the following months, arts programs and sports teams continued to make enormous strides. Their achievements carried into exams, where all students at AFHS studied and stressed for the final tests. According to the AFHS' North Carolina Report Card, the work paid off. Apex Friendship had 64.1% score at Level 4 and over 42% of students who took Biology and Math I also scored in level 4.

Finally, Apex Friendship finished off its initial year of existence and students cheered for summer break.

Over the summer, classes didn't stop for everyone, with approximately 13 students taking an online class through NCVPS. Other students such as Bailey Ingham, who went under the Duke TIP program, and Camryn Jones, the first ever AFHS student to attend Governors School at Meredith College, spent portions of their summer on college campuses.

The dawn of the current school year may seem more familiar, but it can be surprising how many school accomplishments can fall through the cracks. As AFHS adds even more history, it also adds even more students. This year's freshman class contains the same amount as the sophomores and juniors combined. Don't forget about the first seven foreign exchange students to study here at Apex Friendship, including Marc Tomas, Jeanne Couelle, Eunseo Shin, Laura Casquero Gimenez, Emma Speger, Alice Lidblom, and Ulla Mathiesen.

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Electives You Don't Know About

By: Katelyn Bohn



Photo By: Katelyn Bohn

First semester went by really fast at AFHS, and many students still

need to fix holes in their schedules for second semester or need to change one of their classes. Mrs. Conley, Dean of Student Services, says that the current classes that need to be filled include any of the Performing Arts (drama, chorus, and band), any language courses, and team sports. Every Wednesday at lunch in the cafeteria, an opportunity called "Counselor Corner" goes on. One counselor will sit and talk to students about

areas they need advice on; classes, and SATs and ACTs. Remember to use a student email when contacting a counselor, and that appointments can be set up through either emails or scheduling an appointment in the media center. In February, registration for classes next year will start, so consider some of the classes listed below as possibilities one might be interested in taking.

Mr. Trull, science teacher and science department chair at AFHS, says that they will consider making AP Biology and AP Chemistry a yearlong class next year, due to the 16 labs in AP Chemistry and 13 labs in AP Biology. Physics will be an option for an elective next year, and the class consists of analyzing the motion of objects, forces and

their interactions with matter, analyzing the behavior of waves, energy and electrical circuits, and understanding magnetism. Physics will definitely have many labs incorporated in it.

Forensics will also be offered as an elective next year, and this class will be composed of students learning how crime scene investigators go about analyzing a crime scene, collecting evidence, learning about cells, DNA and different blood types, and how fingerprinting helps investigators track down suspects. The class will also talk about sketch artists, arson, environmental science, psychics, insects, handwriting, and

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Editorial

Standardized Testing

By: Grace Twomey

Standardized testing has become essential to the school environment. Numerous negatives of standardized testing exist. Standardized tests represent an inaccurate depiction of student learning. Teaching time has been replaced with test prep. All of these tests have been taking a toll on student's mental health, and they haven't really improved education. These may sound like the cries of a lazy student, but facts prove those claims behind each of those statements.

With some students answering C to every difficult question, and others who just draw patterns on their ScanTrons, multiple choice questions hardly come close to being a good measurement of student learning. Tests with free response questions don't measure intelligence very well either. The people grading those free response questions often find themselves underqualified and underpaid. According to *Monthly Review*, test scorers only need a Bachelor's Degree and they get paid only \$11 to \$13 an hour.

Not only do these tests measure learning inaccurately, but they also take away valuable instruction time. A study by the University of Maryland found that important lectures have been removed from curriculum in order to make room for test prep. A new

method of teaching has emerged in the past few years in order to accommodate the endless testing and reap the monetary benefits offered to schools with high scores. "Teaching to the test" has taken over. Student's wealth of knowledge and comprehension no longer matters as much as their ability to remember certain facts for a test.

After the test, students often forget the information. Instead of helping students understand the information being taught, they've been told to memorize facts and flashcards in order to get a good grade, whether they comprehend the material or not. The benefits students can obtain from the use of standardized tests appear to be obvious. Good testing grades lead to better class averages, which gets the ball rolling towards better college opportunities and eventually to better jobs, which may end with a happier life.

Most people know that if students at a certain school ace their standardized test that means the school gets more funding, but what about the schools that can't afford the resources they need to educate their students? They will most likely get lower test scores, which means they get less funding, making it even harder to get better teachers and more resources.

The lack of funding puts those schools back into an endless cycle of low funding and

low grades. The schools that do have access to good resources don't end up majorly benefiting the system either. In 2011, 178 teachers in the Atlanta, Georgia area had been found guilty of cheating on standardized tests just so that they could enjoy the benefits of their students getting "good grades," according to *USA Today*

With the impact standardized tests can have on student's education, it would be senseless to think that all this testing hasn't affected the mental health of students across the United States. Gregory J. Cizek, an Associate Professor of Educational Measurement and Evaluation, stated in a 2001 paper that testing "produces gripping anxiety in even the brightest students". He later went on to elaborate that the stress caused by testing has caused young children to vomit, cry, or both. Unfortunately, the system has implemented standardized testing and has impact an impact on the future of America's youth, but by bringing more and more attention to the problem change will follow.

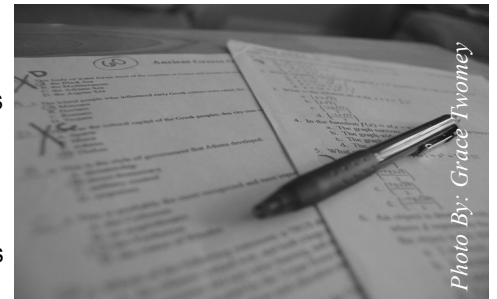


Photo By: Grace Twomey

Finals After Winter Break

By: Neda Dabbagh

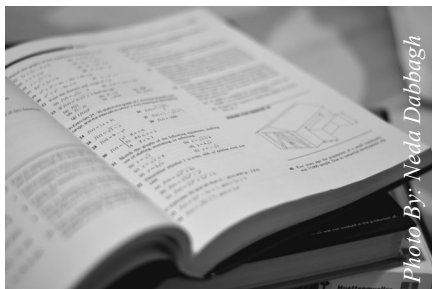


Photo By: Neda Dabbagh

Stranded in the middle of the road, when all of a sudden, blaring headlights numb the blurred figure to the core with a moment of confusion, fear, and the acceptance of doom. Finals week comes speeding right around the corner, and the overload of review packets and last minute projects frighten high school

students like a deer-in-headlights. The struggle to raise ones grades or complete past-due assignments becomes frustrating, but how can students concentrate on these pressing matters when winter break interferes with their focus?

Winter break should be focused on relaxation and catching up on lost sleep. Especially since the time off takes place during the holiday season, students should spend time with family and relatives without the stress of school. Throughout the wonderful two weeks of freedom, many students prefer to forget about stressing matters, especially school and finals. Students would much rather leave on December 21st, and indulge in the two weeks without the concern of finals when break ends.

With finals after winter break, the new semester soon follows without time to mentally prepare myself and buy new supplies. Winter

break should be a transition from one stressful semester to another. A Princeton survey, conducted to analyze if students prefer finals before or after winter break, discovered that "81% of undergraduates said that scheduling finals in January made them feel stressed over winter break, and 79% said it made them spend less time with family and friends over the break."

Most students agree with Emylia Rosario, sophomore student at Friendship, who states, "Over break we can relax and not worry about grades and studying but more about the holiday and being with your families". The holiday break allows for long distanced relatives to come together in celebration of the New Year and a refreshing start.

The true meaning of "winter break" includes being a couch potato, spending quality time with family, and taking a breather after the well-overdue finale of the semester.

Want to voice your opinion? Send your Letters to the Editor at: afhspatriotpress@gmail.com

News

History of Friday the 13th

By: Sierra Sanchez

The end of the week has arrived and everyone shows relief for Friday, until they check the date.

The day becomes full of the avoidance of pole splitting, black cat crossing, and pure anxiety. That day can be none other than the notorious Friday the 13th.

This fateful day always seemed to be one of those weird events or traditions that have always been there. Surprisingly enough, Friday the 13th does have historical context behind the commercialization.

Friday the 13th has shown to have both Biblical and Middle Age origins. According to *The Telegraph*, many historians have claimed that this had been the day Eve bit the apple from the Tree of Knowledge. Others referred to Geoffrey Chaucer's writing about how unlucky it would be to start a journey or project on this day in the *Canterbury Tales*. Another possibility would be Thomas W. Lawson's 1907 publication of *Friday, The Thirteenth* which many said increased paranoia. In this novel, a Wall Street broker takes advantage of Friday the 13th superstitions to create mass panic. While many



Photo By: Neda Dabbagh

believe the historic reference, Friday the 13th began to assert its presence onto the world during the mid-17th century within Western literature.

America hasn't been the first country to panic over this day. The British have created their own superstitions and warnings of what not to do when Friday the 13th rolls around. According to *The Telegraph*, many Britons believe calling a doctor on Friday the 13th proves to be an omen of death. Also, cutting hair and nails on Friday can lead to a path of misfortune.

Dr. Caroline Watt of Edinburgh told *The Telegraph*, "If people believe in the superstition of Friday the 13th, then they believe they are in greater danger on that day. As a result they may be more anxious and distracted and this could lead to accidents. It becomes a self fulfilling prophecy." This has proved to be a true phenomenon. In 1976, A New Yorker named Daz Baxter had been so consumed with fear of the day that he decided to spend the day in bed. Unfortunately, his fear led to his death when the floor beneath him caved in.

Luckily for fear engulfed believers, Friday the 13th usually only happens up to twice a year. This year Friday the 13th falls in January and October. The months February,

March, and November have been considered extremely rare for the day to land in and usually only occur when January the 1st becomes set for a Thursday. The next Friday the 13th triple threat will occur in 2026; imagine the chaos then.

Although Friday the 13th comes with tons of bad mojo, America has found ways to capitalize off of it. One of the most successful horror series generated off the day, *Friday the 13th* created by Victor Miller broke the box

offices every time a movie hit theatres. The franchise surrounds the myth of Jason Voorhees who died at Camp Crystal Lake due to negligence. Decades later, the camp becomes rumored to be "cursed"

which sets the scene for mass murders. The movie had not been popular among critics, but fears about the day and the enjoyment of fear brought the audience in. The world finds ways to make money even if gained from your deepest fears. History does repeat itself when it comes to the category of bad luck on this holiday. So, how will you spend this Friday the 13th?

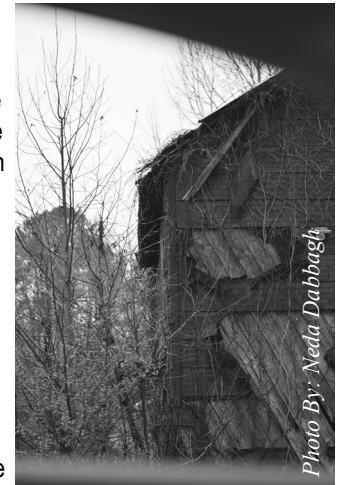


Photo By: Neda Dabbagh

Washington, DC Trip

By: Grace Twomey

Every four years Americans choose a new President and this year America has elected Donald Trump. He will be inaugurated in January of 2017 and some of our very own will be in the crowd. Mr. Jarman, history teacher, has arranged a school trip to Washington, DC to see the Presidential Inauguration as well as many other exciting events. The trip will begin on January 19th to the 22nd. AFHS has partnered with Holly Springs High School in order to ensure enough students sign up for the trip.

The trip's itinerary consists of a plethora of exciting events such as a mock inaugural ball and tours at a few of the

Smithsonian Museums. Education First, a tour company that has been helping students go on once in a lifetime trips for over 50 years, has organized this year's excursion. The trip's cost may seem a little pricey, but it covers all expenses for the trip including meals, round trip transportation, and the hotel stay. The tour company also offers payment plans to help students afford the trip.

Anybody could've signed up for the trip by talking to Mr. Jarman in room 4236. Approximately 40 students will attend the trip. Nina Sehgal (10) has already signed up and says that the trip will be one of a kind. She believes that history will be made.



Photo By: Grace Twomey

Student Life

Studying on the Go

By: Grace Twomey

Many students have very busy schedules filled with homework, extra-curriculars, clubs, friends, and sports. With all of that sometimes it can be hard to find time for studying. The list below includes a few methods for fitting in some study time on the go.

1. Replace your music with definitions

For classes with lots of definitions, such as History or English, type up all of the definitions for whatever subject the test covers. Once all of the definitions have been typed up on a computer or phone have the device read them back. Listen to the definitions while doing other tasks, such as riding the bus, walking to class, or at a time when music would normally be playing. If typing up the definitions takes too much time, record the definitions being read out

loud and play them back.

2. Take it with you

Math classes don't usually

have too many definitions, but that doesn't mean it will be hard to get in some study time. Find problems marked wrong on homework or quizzes. Now either cut out the problems or take a picture of each one. Try to include just the problem, not any of the work. Once the problems have been stored in a phone or cut out into small pieces, take them anywhere and practice whenever left with a few free seconds. If needed, ask a teacher for extra practice problems.

3. Optimize your time

Everyone's heard about time management skills, but not everyone has them. Make sure to use every free second available to prepare for the upcoming assessment. Sports practices often don't start until 15 minutes or so after school. Use those 15 minutes to get help from a teacher instead of sitting around in the locker room.

If worrying about tests interrupts time with friends, bring friends to the science room to chat a little bit while working, (as long as the teacher gives the okay). It may be hard to stay on task with friends in the room, but more will get done than if no attempt had been made.

Next time a big test comes up, try these simple methods to study without stopping everyday routines. For a bit of extra help try using websites such as Quizlet or Khan Academy. Good luck on those tests!



Photo By: Grace Twomey

College Considerations

By: Kierney Leonard

With final exams, ACTs, and SATs approaching, a lot of students have college on their minds. Students have so many options for college that it can be difficult to choose where a student should apply. What qualities should students look at when choosing a college?

Research can be a very tedious, but necessary process during a college search. BigFuture revealed that location, size, majors, academic programs, special programs (i.e. studying abroad), clubs, housing options, and the available facilities (i.e. theater or labs) of a college should be the most important points for a student to research.

According to *CollegeQuest*, "No matter how good the school, it will not be the right one for you if it does not offer your preferred area of study or desired degree level." This means that it would be more beneficial for students to choose a college that meets their major rather than the top school in

the state. For example, if a student wants to go into an engineering field and they received acceptances from both UNC Chapel Hill and NC State, choosing NC State would prove to be more beneficial to the rising engineer than UNC Chapel Hill even though UNC Chapel Hill ranks higher than NC State in the *U.S. News & World Report* national rankings.

When considering colleges, students should apply to a variety of schools. BigFuture recommends that students apply to around five, but no more than eight schools. This should include one or two safe colleges that the student seems overly qualified for, two to four close matches that the student has a good chance of getting into, and one or two reach schools that may seem difficult for the student to get an acceptance letter from.

Finally, arrange a campus visit. Visiting colleges can help to narrow down the list of schools that a student may want to apply to and it allows high school students to learn about the college ahead of time. *BigFuture* revealed

that college visits allow the student to understand the atmosphere of the college and understand life on the campus. Also, WCPSS students receive a select amount of college visits to be excused by their high school. The excused absence of visiting a college campus adds another bonus to high school students.

As a temporary time in one's life, high school ends after four short years. For those interested in furthering their education, choosing the right college will affect their career decisions. By making smart choices and educating themselves on their options, they can ultimately choose their own future.

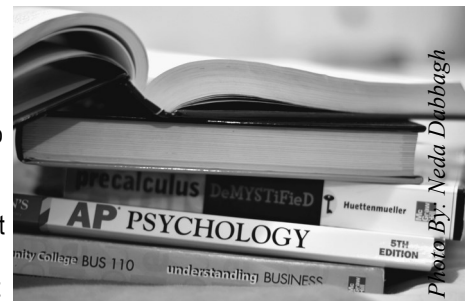


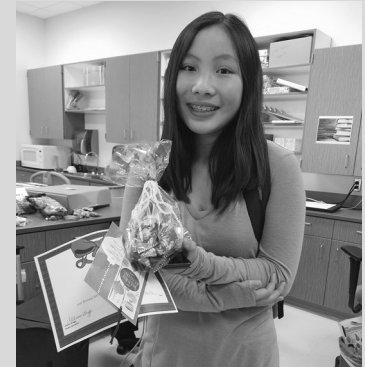
Photo By: Neda Dabbagh

Holiday Bookmark



Photo By: Neda Dabbagh

Congratulations to Olivia Allen, winner of the 2nd Annual Library Holiday Bookmark Contest, with her depiction of the dachshund in a



Student Life

New Year, New Students, New Resolutions

By: Karlyn Wills



"To get stronger"
- Ryan Kirst



"Get better grades"
- Bryson Carney



"Not drink anymore soda"
- Emily Bowser

Every New Year people look to change their diet, look, career, or lifestyle. New Year's resolutions have been the most common in both the Western and Eastern Hemisphere, defined by dictionary.com as "a promise to do an act of self-improvement that will open doors for people beginning January 1st of the new year" on New Year's Day. Many students use this time to change ways and focus more on grades, receiving an acceptance letter to the college of their dreams, adjust their personality, and become more selfless. Whatever a New Year's resolution may be, people hope to stick to them and make the New Year a bigger and better year than the last.



"Get straight A's"
- Brielle Benevento



"Start on varsity baseball"
- Dalton Hoeing



"Overall improvement"
- Chaz Bailey

Weird Events on Friday the 13th

By: Julia Uhlman

Why do we associate Friday the 13th with bad luck? Skepticism of black cats, walking under ladders, and fear of mirrors may seem farfetched, but the superstitious do have a good point. These may be some of the freakiest, strangest, most unusual events that have earned Friday the 13th its reputation.

Cyclone Strikes

On Friday November 13th, 1970, the deadliest cyclone in history tore through the country of Bangladesh. The disastrous storm, called the Great Bhola Cyclone, took the lives of around 300,000 to 500,000 people according to the University Corporation for Atmospheric Research.

Plane Crash

On Friday October 13th, 1972, a flight carrying 164 passengers and 10 staff members crashed near an airport in

Russia. Everyone aboard died. The cause of this disastrous plane crash has not been determined according to livescience.com.

Friday the 13th Virus

On Friday January 13th, 1989, a mysterious virus infected hundreds of computers across Great Britain. According to pandsecurity.com, a team in Israel created the virus in 1988. This unusual outbreak caused panic in the infected, as it wiped program files.

Lightning Strike

On Friday August 13th, 2010, a lightning strike hit a 13 year old boy at exactly 13:13 (military time) according to theepochtimes.com. Fortunately, the boy turned out relatively unharmed. He remained breathing and conscious coming out with only a minor burn.

Cruise Ship Sinks

On Friday January 13th, 2012, the Costa Concordia cruise ship suddenly struck

a reef off the Tuscan Coast and began to tilt. A total of 32 people died in the tragic wreck. Passengers tried to escape by lifeboats, but as the ship continued to tilt, helicopters airlifted survivors, according to the Associated Press.

Maybe skeptics have the right idea in being afraid of Friday the 13th. While these unfortunate incidents have coincidentally happened on the superstitious holiday, perhaps hope should rule the day. Let's hope this Friday the 13th won't be as freaky as the unlucky day has been in the past.



Photo By: Neda Dabbagh

Arts & Entertainment

Superstitious Movies

By: Braylin Campbell

Stay on the edge of the seat with these superstitious films. These spine-chilling and heartwarming choices will provoke thinking and rivet attention on the TV. Grab a pillow or a tissue and get ready to scream or cry.



Photo By: Julia Uhlman

Friday the 13th (1980): The film that makes everyone dread that day. This slasher movie franchise first began at Crystal Lake, a summer camp that has a history of

murder. Locals warn the young camp counselors (Kevin Bacon, Mark Nelson, Adrienne King, Harry Crosby, and Jeannie Taylor), who pay no mind to the superstitious old-timers finding themselves in a fight for survival against this hockey masked wearing opponent. If enjoyed, continue the franchise until the 10th installment.

The Village (2004): Before *The Visit*, M. Night Shyamalan wrote and directed *The Village*. In the 19th century, members of the village fear for their lives against strange creatures that no one has ever seen, who live in the surrounding

Virtual Reality

By: Kierney Leonard

Imagine battling dragons one minute and then flying through space the next. These fantasies become realities through the most recent phenomenon in technology: Virtual Reality. The newest tech craze has swept the nation with versions by Google, Oculus, and even Playstation.

Virtual Reality flopped when it first came out. Alex Hern, writer for *The Guardian*, explained that for the Oculus Rift in 2013, "I was underwhelmed." He went on to explain that the large goggles provided discomfort and the screen seemed to have a mesh covering over it, making the game very blurry. As for the most recent Oculus Rift VR system, the future looks bright. Nick Pino, writer for TechRadar, explained that despite having problems such as customers having to use an Xbox controller and also the occasional feeling of sickness, the device allows users to turn their bodies a full 180 degrees and the performance proves to be "rock-solid." He even explained that the virtual

woods. Until a suspicious blind villager (Bryce Dallas Howard) uncovers the truth

behind it all.

Serendipity (2001): John Cusack and Kate Beckinsale star in a romantic comedy about two star crossed lovers who reunite years after falling in love and separating, believing that one day they'll be together once again. With just a \$5 dollar bill and a book written with their name and number on both, they must choose between superstition or their fiancé.

Scream (1996): In the town of Woodsboro, a psychotic masked killer taunts the minds of teens by telephone triggering their adrenaline. High school beauty Sidney (Neve Campbell), a determined TV reporter (Courtney Cox), and a sweet police officer (David Arquette), must stay one step ahead of the slasher to solve the mystery of the face behind the mask. *Scream* changes the superstition of "slasher", creating an antagonist that tortures in a seemingly hysterical way. If enjoyed, continue the franchise for *Scream 2*, *3*, and *4*.

I recommend these films for anyone who enjoys suspenseful or mystery solving films. Enjoy these films with anyone who shares the same interest in these types of films. Considering the horror and adult content, I wouldn't recommend watching with a younger sibling or relative. Get cozied up and prepare for the mystery, suspense, and fate.

sight of standing on a cliff in the video game caused his body to react and stimulate his fear senses. As for the sickness, Pino says that it occurs because, "In virtual reality, the only things you see are on the screen and the objects on it, yet you can't physically interact with them. This leads to the feeling of disconnection and nausea."

Prices range for different types of Virtual Reality systems. Google Cardboard offers viewers for users to buy with the use of a smartphone and Cardboard app, and Google Cardboard viewers can sell for as little as seven dollars (the viewers and the app can be used on both Apple and Samsung smartphones). On the opposite side of the extremes, Oculus sells the Oculus Rift for \$629 including shipping, but it also requires the use of a PC computer to run the system. Therefore, interested buyers could choose cheap options or very expensive options when it comes to Virtual Reality systems.

It seems impossible to explain to readers how the gaming system works and feels. The writer of *the Guardian* pushes for

people to try Virtual Reality for themselves in order to understand the system in a way that words and pictures cannot describe. Pino explained, "This is what it's like to use virtual reality, to get the experience of being somewhere else in a different time, a different place, sometimes as far as an alien world, all without ever leaving your home."

Virtual Reality has come far since the first few models. Despite the fact that gaming has advanced, interested buyers should maybe skip the VR system this year. Imagine how advanced Virtual Reality will become in just a few short years. This form of gaming can only improve as time goes on, so why invest over \$500 on a system that could become even better in a year? Only time will tell, but as of right now Virtual Reality can wait.

Electives

Continued from front page

tire, glass and odontology analysis to find a suspect.

Mr. Stapleton, who currently teaches AP Language, says that the class helps students more with their writing than any other English class offered. AP Language focuses more on nonfiction works of writing, while AP Literature focuses more on comprehension and depicting fiction literature, but overall both will help students with analyzing writing and help them to progress with their own writing. Creative writing will also possibly be offered as an elective next year, and this course will allow for students to experiment with playwriting, short stories and poetry in the classroom, according to WCPSS. Creative works will be analyzed from important figures such as Pulitzer Prize winners and other literary giants. This hopefully will be a class that will leave students feeling more confident with themselves.

No matter what classes students decide on, they should be sure to check in with a teacher or counselor to understand if they picked the right ones for them.



Photo By: Juan Cordero

Sports

Year Review of Sports

VOLLEYBALL



Photo By: Karlyn Willis

“As a volleyball program it’s definitely been hard seeing the girls play with heart and dedication and the disappointment when we come so close to winning, but the next day at practice is the time to analyze and talk about what we could improve on and things we did well in,” said Coach Fahrer.

Vol 1 Issue 1 September 23, 2016

WOMEN’S BASKETBALL



Courtesy of @MsFrantzMaib

“The foundation of our program was laid last year. This year, we want to raise our game, cut down on mental mistakes and continue to build our program. Ultimately, we want to be competitive in conference,” Coach Frantz explained.

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FOOTBALL

Jake Kelley (11) Varsity Running Back said “I think we’ve been doing well for our first season as a Varsity team, no one said it was going to be easy.”

Vol 1 Issue 2 October 14, 2016



Photo By: Sierra Sanchez

CHEER

“We all push each other in a healthy way and we are very close. The competition was crazy and there were so many people. Before we went on, we had our pre stage talk to get us ready. While we were on stage we hit this stunt we had just learned a week ago. We all screamed and it was the greatest feeling in the world. We are excited for the competition coming up,” said Elle Romans (10)

Vol 1 Issue 5 December 1, 2016



Courtesy of @AFHS_Cheer

SOCCER



Photo By: Jaden McCune

“We’ve made improvements in a lot of areas and caught up in size and speed. We’re more of a family this year than last,” said Zach Abramczyk (10), who plays right midfield on varsity.

Vol 1 Issue 3 October 28, 2016

Athlete of the Month

By: Chase Parsons

Joseph Chevalier, AFHS junior and member of the wrestling team, holds the title of January’s athlete of the month. Head wrestling coach, Mr. Baird, says, “He [Joseph] had a knee injury during football and is still willing to take the lead and show that a leader is more than just talk, but actions in the classroom and on or around the mat.” Chevalier says he started wrestling at the end of his freshmen year, and his first season of wrestling started sophomore year. Chevalier originally started wrestling to keep in shape and get better at football. “After wrestling for a season, I’ve realized that I love it a lot and I’ve decided I am not going to play football anymore and focus strictly on wrestling because of how much [it] means to me.”

Chevalier recently had surgery done on his knee due to a football injury. Instead of

physically working out at practice, he helps teammates work on new moves and even moves that they have already learned. He says he works with everyone, but “especially the new kids learn moves and tweak the small things that can help them perform better in matches.” Chevalier also mentions that he goes to every match that he can, usually keeping score. As one of the captains, he states, “I try to support my team at every match that I can.”



Photo By: Chase Parsons

Looking at 2016


Continued from front page

This semester has created more achievements than anyone could have imagined. Students in Chorus entered the WRALFM competition and won second place, English and Entrepreneurship classes worked together in the “Stop the Silence-Social Injustice Project”, and Juniors Alec Attebery and Grace Fleming won the very first Snow King and Queen in AFHS history. Apex Friendship has come a long way in just a year and half, get excited for the accomplishments to come in 2017.




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Lets make memories!

Exam Schedule

Wednesday	Thursday	Friday	Monday	Tuesday
January 18th	January 19th	January 20th	January 23rd	January 24th
Period 1 Exam: 7:25-10:21	Period 2 Exam: 7:25-10:21	English II EOC: 7:25-11:48	Math I and Biology EOC: 7:25-11:48	Make Up Exams: 7:25-2:18
Lunch: 10:21-11:16	Lunch: 10:21-11:16	Early Release	Lunch: 11:48-12:28	
Period 3 Exam: 11:22-2:18	Period 4 Exam: 11:22-2:18		Study Hall: 12:28-2:18	

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Neda Dabbagh	Juan Cordero
&	Ms. Frantz
Karlyn Wills	Jaden McCane
	AFHS Cheer

Patriot Press Patrons

Bach To Rock

A F H S

Upcoming Events

January

- Jan 13 - Men's/Women's Basketball vs. Green Hope High School from 3:30-8pm
Indoor Track Wake County Invite #2 @JDL Fast Track @5pm
- Jan 16 - No school: Martin Luther King day
- Jan 17 - AoE Current Parent Meeting for all grades @6:30pm
- Jan 18 - EXAMS: Period 1 and Period 3
Wrestling vs. SE Raleigh High @6:30pm
- Jan 19 - EXAMS: Period 2 and Period 4
10th & 11th Grade Parent Nigh from 6-8
- Jan 20 - English 2 EOC Exam
Early Release
Gymnastics @Raleigh School of Gymnastics, from 6-7pm
Women's Basketball @ 5:30pm and Men's Basketball @5pm vs. Panther Creek
- Jan 21 - Wrestling Patriot Duo @8-9am
- Jan 23 - Math 1 and Biology EOC
- Jan 24 - Make-up Exams
- Jan 27 - Teacher Workday

February

- Feb 10 - Early Release