



Patriot Press

Vol I Issue III

Apex Friendship High School's Student Newspaper

October 28, 2016

Local Halloween Haunts

By: Chase Parsons

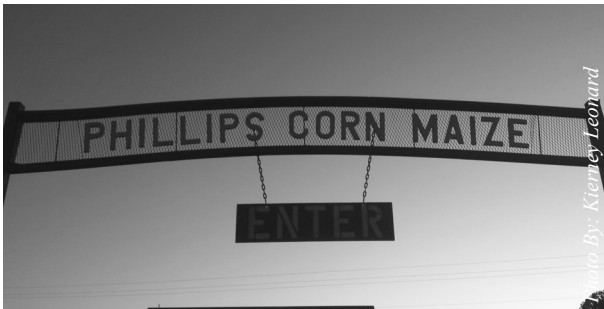


Photo By: Katelyn Leonard

Cultural Arts Center in downtown Apex on Saturday October 29th from 7-9:30PM. Visitors can enjoy a costume contest, cool games, freaky Halloween tricks and treats, dance contests, spooky punch and snacks, as well as a haunted art gallery. Tickets cost \$5 for a couple, and \$2 per additional child.

People of all ages love Halloween. AFHS junior Katie Kitzmiller says she loves "dressing up and seeing the other costumes that people wear and create." For Halloween this year, she plans on being one of the twins from *The Shining*, and her friend will dress up as the other twin. Children, teens, and adults of Apex can find multiple fun activities to participate in. Besides Trick-or-Treating, Goblins Groove will take place at the Halle

For a less thrilling experience, be sure to visit Trick or Treat on Salem Street the Saturday before Halloween. In Durham, the NC Museum of Life and Science hosts Pumpkin Patch Express October 29-30th. Pumpkins picked at the Museum's pumpkin patch can be decorated and taken home.

Koka Booth Amphitheatre in Cary hosts REEL-LY SCARY movies October 27-29th. Showing Thursday, October 27 – *Young*

Frankenstein; Friday, October 28 – *Goosebumps*; Saturday, October 29 – *The Conjuring 2*. The Costume Dance Party takes place on Saturday, October 22nd and consists of light refreshments, an art activity, and, of course, a dance party with costume awards for \$1 per person at the Cary Arts Center.

Cary's Great Pumpkin Carve on 135 W. Chatham Street in Downtown Cary holds a pumpkin carving activity on October 29th from 2-8pm. The jack-o-lanterns will be displayed and judged in different categories. "It's the Great Pumpkin, Charlie Brown!" and other family friendly Halloween movies play after pumpkin carving.

Many farms in the local area host hayrides, pumpkin picking, corn mazes, and other activities. AFHS sophomore Cyndi Freile says her and her friends will enjoy Fear Farm on Halloween because "we like being scared in the corn maze and having to run away from the things that pop out at us." At Phillips Haunted Farm in Cary, one admission ticket costs \$20 and includes one visit to all four attractions. The fearful event consists of

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Are You Safe on Halloween?

By: Julia Uhlman

Surprisingly, the scariest parts of Halloween happen to not be the ghosts and witches, but the injuries and accidents. Hand injuries and car accidents rank among the most common. Children have been shown to be more than twice as likely to be killed by a car on Halloween night, according to Safe Kids USA, and drunk drivers prove more likely to be on the road.

On the other hand, most of these Halloween related injuries can be easily prevented. According to Injury Facts 2015, 70% of the 6,100 pedestrian deaths originated from children darting or running across the road and getting hit. Try these few tips to help keep you and others safe on Halloween: Remember to look both ways when crossing a street, walk on

sidewalks, and watch for cars. If driving on Halloween, drive slowly in neighborhoods and watch for kids.

People should also be paying attention to the candy they get trick-or-treating. This fun and usually harmless Halloween tradition may be becoming a dangerous activity. The reports of finding razor blades and needles has been around for a while and haven't been proven to be a prevalent threat, but these warnings should still be taken seriously.

This Halloween, the scare appears to be coming from Ecstasy in the form of tablets that look like candy. This shouldn't be much of a concern though, according to Snopes.com, these tablets have been around for years, and have never gotten into children's Halloween



Photo by: Julia Uhlman

candy. While most of these rumors have been proven to be untrue, people should still be checking out their candy for treats that may look suspicious. Any homemade candy should not be eaten, and candy that appears tampered with should be thrown out, says the U.S. Food and Drug Administration.

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Editorial

Do Teens Deserve Candy?

By: Grace Twomey

As Halloween nears, many kids prepare their costumes for the perfect night of trick or treating while other kids put together the perfect route that will provide them with the maximum amount of candy. While these kids prepare for Halloween, older kids and teens may be filled with disappointment at even the smallest glimpse of Halloween decorations. Many teens have been labelled as too old for trick or treating. While some could care less, others feel devastated at the thought of having to answer the door and hand out candy that they wish they could be eating. Is that how it should be? Should there really be a limit on trick or treating?

People often believe teens steal more candy than younger children, as well as possibly terrorizing these younger children. Teens also usually fall under the stereotype of being the ones to egg or TP houses on Halloween. In some cases adults believe that teens should simply just grow up and get used to it.

A study by the American Psychological Association showed that when placing a bowl of candy outside with a sign asking children to just take one piece, only 25% of kids listened to the sign. Kids, not

teens. While it seems that kids may be the ones stealing candy, many adults still blame teenagers and consider them too old to trick or treat because they judge them more likely to steal candy.

Halloween vandalism does occur, but what says that ill-tempered teens will change their minds about causing trouble simply because someone told them not to knock on doors? If a group of teens chooses to vandalize houses on Halloween night, they can do it without knocking on any doors or obtaining any free candy. Also, someone who plans to egg or TP a house probably will not be the sort of teenager who follows the rules.

When it comes to teens terrorizing younger children, there will always be evidence of it happening, but often adults and children spend more time being afraid of teenagers than they do being harassed by them on Halloween night. Teens don't cause trouble in isolation the only ones. For example, a Long Island woman, Helen Pfeil, was charged with endangering children after giving out steel wool, dog biscuits, and ant traps to anyone she believed too old to be knocking on her door Halloween night. Sometimes teenagers don't even mean to scare little kids. A costume that may seem very tame to a teen could potentially be seen as nightmare inducing through the eyes of a child.

With all of the negative connotation

with the terrible feeling of being eaten alive by fantasy creatures or becoming paralyzed with fear. A variety of psychological factors cause frequent nightmares, including depression and stress.

In the beginning stages of early childhood, children experience nightmares to aid in brain development. However, during adulthood, nightmares dwindle in occurrence. Only an estimate of 5-10% of adults endure nightmares once or twice a month. According to the International Association for the Study of Dreams, scientists elaborated on how mental instabilities lead to nightmares to warn the human body of stress or anxiety. In my opinion, while adults may encounter little to no nightmares, anxiety causes these rare dreams, not the reverse assumption that nightmares cause insanity.

The feelings of anxiety, fear, and

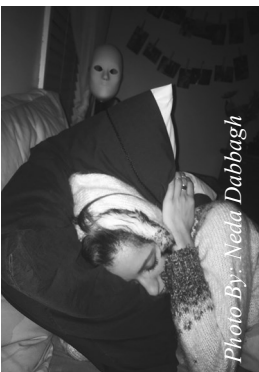
attached to teens trick or treating, why even bother? With all of the tests, homework, extracurricular activities, and general stress, sometimes enjoying being a child provides a healthy escape. While candy may not be the best choice, Halloween still offers free food and it has been proven that chocolate helps to reduce stress levels.

For every teen causing trouble, another teen wants to venture out and enjoy the night. If choosing to go out this Halloween, try not to fuel the stereotype. Stay away from vandalizing, terrorizing, and scary costumes. Hopefully this choice helps adults change their bias against teen trick-or-treaters. Don't forget that handing out candy or watching a scary movie on Halloween can still be just as fun, but if you want some free candy and plan not to hurt anyone, why not go trick or treating this year?



Nightmares

By: Neda Dabbagh



As children and young adults, many have encountered the anonymous stalker who demolishes the dreams of the youth into chilling

nightmares. Throughout the school year, nightmares become composed of students flunking tests and being expelled from school. Others have dealt

distress create the nightmares, classified as rapid eye movement (REM) sleep. While in REM sleep, the human body undergoes temporary paralysis of limb muscles. However, if some outside force interferes with this stage, people begin to act out their dreams, a rare but dangerous problem known as REM sleep behavior disorder. The victims of this sleep disorder risk harming themselves or their sleep partner.

According to WebMD, adults endure nightmares from anxiety or other psychological triggers including depression. However, the effects of nightmares on humans can lead to multiple health conditions, such as obesity, heart disease, and other sleep disorders. The research supports my theory that nightmares do not cause future mental disorders, but rather result from an already existing mental instability.

Want to voice your opinion? Send your Letters to the Editor at: afhspatriotpress@gmail.com

News

Why Do We Enjoy Fear?

By: Kierney Leonard

Racing hearts, sweaty palms, and churning stomachs - these symptoms derive from fear. As Halloween approaches, prime time for frightful events begins. From horror movies and hair-raising hayrides to haunted houses and creepy corn mazes, October provides a plethora of scary activities for everyone. Why do humans like to voluntarily frighten themselves by attending these activities? Psychology answers this question.

Of course, not everyone enjoys scary activities. Dr. David Zald, a professor of Psychology at Vanderbilt University, found in his research that different people experience different chemical responses to thrills. His findings revealed that dopamine, a hormone released from fear, releases in higher quantities for certain people than others, scientifically meaning that the chemical makeup of someone's brain can make them either enjoy the feeling of fear or hate it.

When people flood the movie theaters to see a scary film, they subconsciously know that the movie will play in a safe and controlled environment. They can watch the terror on a screen, while

knowing that the dangers unfolding in front of them can not touch them. Yet, when sudden noises or suspenseful music occurs, many people respond with a pounding heart. Dr. Frank Farley, a psychologist, explained that the physical sensations derived from fear, such as adrenaline, attract people to these thrills. According to Dr. Margee Kerr, a staff sociologist at a Pittsburgh haunted house, when fear surfaces, whether it comes from a jump scare or suspense, one's fight-or-flight instincts will kick into overdrive. This instinct can give people a natural high, and can qualify them as a thrill-seeker.

People also flock to the haunted attractions on Halloween for fulfillment. Surviving a potentially life-threatening situation can give people a feeling of satisfaction for their courage. Dr. Glenn Sparks, a communications professor at Purdue University, observed that men enjoy scary movies more than women do. He clarified, "It's not that they truly enjoy being scared...they get great satisfaction being able to say that they conquered and mastered

something that was threatening. They enjoy the feeling that they 'made it through.'"

Whether people seek dopamine, adrenaline, or satisfaction, the holiday of Halloween can provide all of the above. So take a friend to the nearest thriller and brace yourself, because you won't sleep tonight.



Photo By: Karyn Wills

Origins of Halloween

By: Jada Enoch and Katelyn Bohn

The mystery of the origins of Halloween remains vastly unknown by the general public. Just like Christmas, this demon day came from a pagan holiday. Dictionary.com defines pagan as "a person or group holding religious beliefs other than those of the main world religions". At the time of Halloween's birth, any person living in Western Europe celebrating a religion besides Christianity, earned the name "Pagan".

1900 years ago, in England, Ireland, and Northern France, the ancient Pagan tradition, Samhain began. Samhain, pronounced *SAH-win*, marked the end of the harvest and the beginning of the darker half of the year. Samhain stood as the symbol of the start of fall. The Druids involved in Samhain considered this their biggest festivity of the whole year, and they believed on that night, souls mingled with the living.

According to JW.org, Samhain

stopped being popular when St. Patrick and other Christians moved into the area. Instead of completely stamping out and forbidding the Celtic Druid's holiday, the Christians decided to put their own twist into Samhain, making it easier for the Pagans to convert to Christianity.

One tradition celebrated in Druidism includes the ancient belief that on the night of November 1st, evil spirits, witches, and demons roam the earth. These "demons," released at night, would dupe humans by harming, frightening, and playing all sorts of mean-spirited tricks on them. In order to avoid their wrath, humans disguised themselves as the demons they hid from.

In the Victorian Era, they also avoided turning Halloween into an evil holiday by hosting block parties and throwing parades. During the Great Depression, according to Sue Ellen Thompson's book *Holiday Symbols*, "Children often disguised themselves as hobos, burglars, or pirates. In other words, as social and economic outcasts,

symbolic of the troubles from which their parents were trying to escape."

Today, most people don't dress up for the same haunting reasons as the Druids did. People wear costumes for entertainment reasons by dressing up as characters from favorite shows or movies, or as role models, such as historical figures or people from different job occupations. Halloween has come a long way from bonfires and chaos, now it represents a day where anyone can be anything.



Photo By: Jada Enoch

Student Life

DIY Costumes

By: Braylin Campbell



Photo by: Kierney Leach

From a Ninja turtle to a clown, Halloween offers endless options to choose when picking a costume. If only customers could pick the price. Depending on the costume and the store, costumes usually range from \$20 to \$60,

maybe more. If on a budget, try these simple DIY's!

Emoji:

Grab yourself some cardboard, paint, spray paint, string, and something to cut out your shape with. First, start by cutting out the shape. Be careful with the chosen utensil. Then paint the emoji according to the selected expression. Once finished painting and drying, poke holes in the cardboard and insert the string. Then enjoy! Recommended for a family or a group of friends.

Dia De Los Muertos Skeleton:

Be a skeleton with style. Look online to see which design sparks the most interest. Paint is the only needed

Goblin Groove

By: Grace Twomey

Every year at the Halle Cultural Arts Center in downtown Apex, a dance takes place for young kids and their parents. This year it will be on October 29th from 7:00 to 9:30 PM. Each year there have been many festivities for kids to enjoy including a costume contest and haunted area for kids to walk through. This dance includes younger kids and their parents only, but teens have been involved before.

For many past years, teenagers have helped to make the dance as fun as it's been. An organization called the Apex Youth Council volunteers to help run the event. The teens help

ingredient. Be careful; sensitive skin may not react well to paint.

Bag of Jellybeans:

Grab a clear trash bag, and make sure to cut out arm holes and leg holes. Then, blow up an assortment of balloons in different colors. Fill up the trash bag, and make sure enough covers the body. Once finished with filling, tie the top of the trash bag with a ribbon around the neck, but not too tight.

Stick Figure:

Light up the dark; be a stick figure! Buy a couple of glow in the dark sticks, clear duct tape, and a black long sleeve shirt and pants. Tape the glow sticks onto the clothing then have fun!

Mummy:

Dress in white from head to toe, then wrap the body in tissue. For a gory effect, add red food coloring.

Enjoy!



Photo by: Chase Parsons

hand out snacks and prepare a spooky haunted area. Some even stay in the haunted area during the event to give kids a bit of a scare (as well as helping to comfort those who got a little too scared.) The Apex Youth Council, a teen run organization, helps teens to volunteer around town. To learn more about them, teens can visit the Apex Community Center.

If stuck with younger neighbors or

Halloween Safety *continued* from front page



Photo By: Grace Twomey

Another scary factor this Halloween exists in the form of clowns. Clowns have been reported to be lurking in the woods, chasing people who come near, and attempting to lure children into the woods according to WLOS. While a lot of these cases have been identified as hoaxes, or teens and adults looking to have some fun, a number of these clowns have been seen armed, and threatening according to WGNTV.

The clown threat has been reported to be as close to us as Fayetteville. This incident, as reported by the Fayetteville Police, was responded to by officers but they found nothing suspicious.

These scary realities can usually be avoided, though. The Town of Apex has guidelines for Halloween safety as well. The town advises people dressing up to wear safe clothing, go out in groups, look both ways before crossing, and to pick up only wrapped candy. Motorists need to drive slow and with care, watch for children, obey road signs, and to instruct children to exit vehicles on the curb side. Following these tips can help make this Halloween safe and fun.

Officer Stone kindly gave a few tips for staying safe this Halloween. "Travel in groups and wear reflective or bright clothing. Don't assume that cars see you, and stay in neighborhoods you're familiar with." He also mentioned that joining town/group activities better ensures safety.

siblings, this may be a good place to take them for some Halloween themed fun and maybe run into a volunteer who can help with getting some of those volunteer hours in.

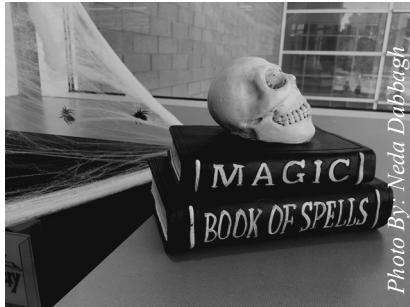


Photo By: Apex Youth Council

Student Life

Urban Legends

By: Neda Dabbagh



North Carolina may be a typical small town state, but allures tourists with many chilling ghost stories and legends. Various tales have been passed down through generations to spread the fearful mysteries of NC. The contents of these gripping tales entice the locals to experience the heart pounding terror that lives near their homes.

The legend of Blackbeard originated in Ocracoke, North Carolina where many believe this horrific pirate roams the beaches in search of his lost treasure. Legends state that Blackbeard did not conform to this fierce being at first, but took the name Edward Teach and became a sailor during the Spanish War from 1701-1714. As a noble sailor, Teach followed orders from Queen Anne of England,

to plunder the French and Spanish ships. However, after the war ended, Edward Teach began his legacy and captured a French ship, renaming it *The Queen Anne's Revenge*. Blackbeard embraced his new calling, inflicting terror into all the sailors wandering out at sea. They believed the pirate Blackbeard held immortality and would terrorize and capsize ships who dared to come near. In November 1718, the British Army attacked Blackbeard and his crew and brutally slaughtered Blackbeard once and for all.

Near Chatham County, North Carolina, a mysterious nothingness haunts the people of Siler City. An unrelenting presence of the devil lives in a wooded area near Harper Cross Road. Discovered in those woods, lays a mysterious, empty circle, surrounded by dense evergreen trees. The daunting, 40 foot circle bares the name, the "Devil's Tramping Ground", based on the beliefs of locals who fear the devil walks around these grounds, conceiving a plan to destroy mankind. Over many years, scientists have tried to explain this improbable existence but acquired none. If science cannot prove this absurdity, these grounds may be possessed by Satan himself. Tales have been told of people leaving their belongings in the center of the circle, only to find it the

next day in the brush beside the area. Many have tried to camp at this mystic ground, but failed to stay the entire night. This eerie entity consumed them and filled the campers with fear for their lives.

Lake Norman, one of the largest man-made lakes in North Carolina, possesses a wild creature roaming its waters called Normie. Created in 1963, Lake Norman formed after the damming of the Catawba River which may have caught a 14 foot long beast. There have been sightings from divers and fisherman of a monstrous fish, large enough to swallow a whole human. Ten years ago, high school students jumped from the Duke Power trestle into the mystic waters to discover a dark shadow writhing around only 20 feet away. They believed this unknown creature could be a large, crocodilian animal, a snakehead fish, or a fresh water eel. After 50 encounters over a span of 40 years, the Lake Norman monster may not be a myth after all.



Jay Asher Comes to Town

By: Kierney Leonard

Jay Asher, author of best-selling novel, *Thirteen Reasons Why*, came to AFHS to talk about the release of his upcoming novel: *What Light*. His new book describes the love story of a girl named Sierra and a boy named Caleb who has a troubled past. Make sure to pick up your copy of *What Light*, and read their love story for yourself!



Local Halloween Haunts

continued from front page

haunted houses, a scary trailer ride, and a spooky corn maze, It is open from 8:00 to 10:30PM ending the last weekend in October.

To learn about the history of Halloween, visit Duke's Homestead's Halloween Phantasmagoria in Durham on October 28th from 6:30-9PM. Guests can explore historical concepts of spiritualism and awe from the 19th century. Guests can also wander the property to see what wonders they can find in this no-horror event. Tickets cost \$10 in advance and \$15 at the door and all ages can come.

Venture through Herbert's Haunted House at the Herbert C. Young Community Center in Cary on October 29th, from 6:30-9PM. The Cary Teen Council invites families to take a spooky walk through Herbert's House of Horrors for \$2 per person.

Hear the spooky story of the Headless Horseman come to life at Historic Yates Mill County Park in Raleigh on October 30th from 3:30-4:30PM for free. Listen to Washington Irving's spooky story "The Legend of Sleepy Hollow" read aloud complete with props and sound effects. All ages can come.

HollyFest of Holly Springs takes place on Saturday, October 29th from 10AM-4PM at Sugg Farm Park of Bass Lake. Enjoy live entertainment all day. Stick around from 7PM-12AM for the Haunted Hayride on the farm. This costs \$5 per person. All types of monsters ranging from creepy clowns to zombies will frighten and scare visitors, so leave young children at home.

This spooky month will be over before we know it, so enjoy it while it lasts with these fun activities!

Arts & Entertainment

Scary Movies

By: Neda Dabbagh



Silence of the Lambs, directed by Jonathan Demme, depicts a witty psychological thriller that dominates other films in this particular genre. Overall, this incredible movie has won 53 awards including an Oscar for best picture and a Golden Globe for

best motion picture. *Silence of the Lambs* became the third film to be awarded the "the Big Five" for its production, directing, and screenplay. Jodie Foster stars as Clarice Starling, a young probationary agent given the opportunity to analyze a terribly unbalanced psychiatrist, Hannibal the Cannibal. In order to identify another psychopath named Buffalo Bill, she must work with this mind altering maniac. The character, Buffalo Bill, adds the final touch to this haunting film with his chilling psychopathic disturbances and his abductions of innocent girls for an unexplainable purpose. This gripping tale of trying to catch a deranged man builds with tremendous suspense and an unbelievable turn of events. *Silence of the Lambs* has an invisible grip on the audience, catching their attention in the endless intensity rarely found in present day horror movies.

Halloween, directed by John Carpenter, embraces an eerie and adrenaline pumping plot to create an undeniable film to watch for a midnight thrill ride. The well-known serial killer, Michael Myers, began as an adolescent murderer who brutally killed his own sister on Halloween night in 1963. After 15 years of being locked away in a mental institute, Myers returns to his hometown in Illinois, in search of his next victim. The plot thickens with every silent, but heart pounding, capture of Myers stalking his next prey, Laurie Strode, played by Jamie Lee Curtis. With every suspenseful shot and pulsating music, the intensity begins to build and the audience sits at the edge of their seats. The disfigured mask and the daunting figure haunts the streets and the minds of his prey. There is no escape from Michael Myers.

The Conjuring, directed by James Wan, forces the audience to watch every unnerving scene even if they so desperately want to turn away. Vera Farmiga and Patrick Wilson star as paranormal investigators and demonologists, Lorraine and Ed Warren, who become entrapped in a house with a disturbing history. Not only does this film depict unexplainable episodes, but the story references true, horrific events. The Perron family and their five daughters own a secluded farmhouse where they believe a demonic presence haunts their lives. It begins with a playful thrill, but escalates to chilling encounters with haunting images. In order to banish the supernatural spirit, the Warrens discover the untold truths of the house's gruesome past. *The Conjuring* never fails to indulge supernatural horror fans.

V.S

Non Scary Movies

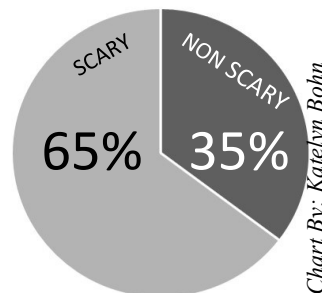
By: Katelyn Bohn



The Nightmare Before Christmas, an animated film directed by Tim Burton, takes place in a spooky town established for creatures of every shape and sort: Halloweentown. This town, with all of its witches and goblins and monsters, has a Pumpkin King that goes by the name of Jack. After a while, however, Jack the skeleton decides that he desperately wants to get away from his same old routine of scaring people in the human world every single Halloween night. In his wallowing, he comes across several doors with each representing a different holiday. Particularly entranced by the Christmastown door, which he eventually goes into, Jack attempts to imitate Santa Claus, which goes horribly wrong.

It's the Great Pumpkin, Charlie Brown, a Halloween movie based off of the comic strip *Peanuts* by Charles M. Schulz, incorporates the frankly misfortunate main character of the comic, Charlie Brown. Charlie and his friends go out on Halloween night to trick-or-treat (though to his dismay, all Charlie receives are rocks) and as they head towards a Halloween party afterwards, they stop by the pumpkin patch to mock Linus for not going along with them, as Linus would rather stay and wait for the "Great Pumpkin." The rest of the gang head to the party, with of course misfortunes unfolding and the party completely destroyed.

Hotel Transylvania, a Halloween movie featuring the voices of Adam Sandler, who plays Count Dracula, and Selena Gomez, playing as the Count's daughter, portrays Dracula as the head of a hotel he designed as a type of escape for all monsters. For years, monsters have been discouraged in society and hated by humans. Dracula became the most fearful of humans, because of their responsibility for his wife's murder. He decides that his daughter will be safe as long as they stay in his hotel. However, Mavis, his vampiress daughter, decides that she will be able to change the humans' minds about monsters and not have to live in hiding forever. Dracula desperately wants to keep his daughter safe from the outside world, but then a human boy named Jonathan stumbles into their hotel.



This chart shows how AFHS students prefer Scary movies over Non Scary movies

Sports

Soccer Season '16

By: Karlyn Wills



Photo By: Karlyn Wills

As the men's soccer season comes to an end, varsity finishes with a 1-3-1 record. AFHS has battled with every team in the conference and came out victorious. As a 3A division school, the small victories make AFHS better.

Zach Abramczyk (10), who plays right midfield on varsity, thinks this season has shown vast improvement over the last. He explained, "We've made improvements in a lot of areas and caught up in size and speed." The main opponent for AFHS remains Green Hope. This

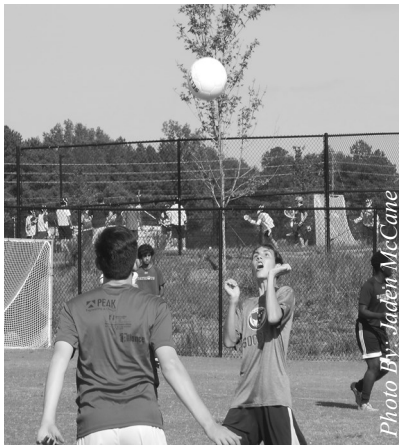


Photo By: Jaden McCane

team continues to prove its abilities in every aspect of the game. The best teams play well together. If your team does not feel like a family, then what kind of team

do you have? "We're more of a family this year than last," Zach said. Having unity and that unbreakable bond keeps players going and enjoying the game they love. Come out and support the men's soccer team, as their season draw to an end.

Athlete Of the Month

By: Sierra Sanchez

Luke Cerasi (11) can be seen taking down players on the football field on the AFHS Varsity defensive line. A spontaneous try out for his middle school football team has followed him up to his Junior Year.

"I feel like when I'm on the field there is no other feeling like it." Luke hopes to turn his love for football into a possible career in the future. "I'm trying to play in college. If I just keep working hard I feel like I can achieve that goal."

Luke has been feeling great about this season and hopes to keep working hard and see where his passion for the game takes him.



Photo By: Grace Twomey

<u>Varsity Sport</u>	<u>Record</u>	<u>Conference standing</u>
Football	1-6	0-5
Men's Soccer	3-13-1	2-10
Volleyball	6-10	7th
Women's golf	Team advanced to state finals	1st
Women's Tennis	3-13	

Monday , November 14th , 7-9pm

Stop the Silence Stories of Social Injustice

**@ the
Apex Friendship Performing Arts Center**

For more information go to <http://bit.do/stopthesilence>



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Upcoming Events

October

28– Varsity Football vs Athens Drive @ 7:00
at AF

End of Quarter

31– Halloween
School Makeup Day

November

8– Election Day
Two Hour Delay

11– Veteran's Day

14– Social Injustice Event @ 7:00 PM

15– Principal/Parent Breakfast @ 7:30 AM